Keep Your Car Parked & Get Around Another Way

High pollution levels are no longer a big city problem; they are affecting communities like the Greater Lansing area. The Tri-County area failed the EPA air quality standards, but you can help.

Just once or twice a week, try getting around another way.

∱ Take the Bus

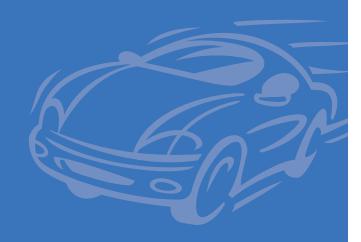
K Carpool

∦ Vanpool

∱ Bike

∦ Walk

You can save money and help to reduce traffic congestion and pollution.





To learn more, contact:
Clean Commute Options
(517) 393-RIDE
Email: cleancommute@cata.org

This event has been reviewed for the physical activity content and has been endorsed by the Governor's Council on Physical Fitness, Health and Sports. This does not reflect endorsement of the sponsoring organization or the products used.





Clean Commute Options is a program of the Capital Area Transportation Authority (CATA) Visit us at www.cata.org





What Is CATA Clean Commute Options?

CATA Clean Commute Options is a

free program dedicated to educating
the community about the alternatives
to driving alone. Our goal is to encourage
the community to participate in improving
the Tri-County area's air quality. Information
is available to help you choose commute
alternatives such as taking the bus,
walking, and biking. In addition, a free
ride matching service is provided to those
interested in forming car or vanpools.



Ozone Can Affect You and Your Family's Health

Did you know that increased ozone levels can make it harder to breathe? The most vulnerable people can be your children, an elderly relative, and those who actively exercise or work outdoors. We must all help to improve our air quality before it causes further health issues within our community.

Simple Steps!

You probably know that ozone caused by vehicles contributes to air pollution.
But you may not know that a small change in the choices we make can have a big impact. For example:

- Choose a different way to commute
- Keep a well-maintained vehicle
- ★ Don't idle your engine
- Fuel your vehicle after 5:00 p.m.
- * Don't top off your tank
- Don't mow your lawn on Ozone Action Days

Together we can all contribute to a cleaner commute and a cleaner community.

It all adds up to cleaner attr

You Can Help

Ground-level ozone can be harmful to our community, but we can all help to prevent further health risks. So give your car a rest and try getting around another way.

Please fill out the application and help contribute to a cleaner commute and a cleaner community.

You may mail or fax your completed application to:

CATA Clean Commute Options 4615 Tranter Street Lansing, MI 48910 Phone: (517) 393-RIDE (7433)

Fax: (517) 394-3733

Email: cleancommute@cata.org

Application

To help clean the air in your community, choose clean commute options. Please fill out this application and more information will be sent to you about commute options.

Your Information

Last Name		
First Name		
Home Address		
City	Zip	
Nearest Major Intersection	and ————	
Destination		
Name of Employer/School		
Address	Dept/Bldg	
City	Zip	
Cross Street	and	
Contact Phone/Email		
Signature		
Schedule		
What days of the week do you work/attend school? circle all that apply)	M T W T F S	S
Vork schedule	_ AM / PM to AM	/ PM
What is your present metho Drive Alone Carpool Other	d of commuting? (circle all that apply Vanpool Bus Walk Bike	/)
Are you interested in (chec	ck all that apply)	
O Bus Information O Biking Routes	re only O Ride only O Share th	o driv

O Vanpooling (O Drive only O Ride only O Share the drive)